Plants Popular in Kumaon Folk Songs

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The study of folk lores of a country reveals many interesting things, Sometimes we find that the names of certain plants or their parts are also referred to in these songs. In such cases, the songs indicate the quality, property or utility of a plant. Thus, folk songs, also serve as a source of information about plants of an areas.

Kumaon, which is situated in the hilly ranges of Uttar Pradesh, is a very interesting for its history, old culture and civilization. In this article the author has given a few folk songs of this area which makes reference to plants.

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